

INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

Meals

Tematická oblast	Angličtina: The Czech Republic
Datum vytvoření	27. 11. 2012
Ročník	2. - 4., sexta – oktáva, úroveň B1
Stručný obsah	Tradiční česká kuchyně, zvyky a návyky
Způsob využití	Otázky k české kuchyni, stravovacím návykům. Ke každé otázce je vytvořena „vzorová odpověď“
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Czech Republic

Meals and Eating Habits



Czech meals and eating habits

- What is traditional Czech cuisine like?
- What are the traditional Czech meals?
- What are the typical eating habits of the Czechs?
- What is traditionally prepared for Christmas dinner?

Czech cuisine

Choose from the following adjectives and describe traditional Czech cuisine.

Healthy

Fat

Juicy

Light

Tasty

Rich

Plain

Crunchy

Colorful

Boring

Interesting

Innovative

Full of vitamins

With a lot of meat

Combines cereals and seeds

Uses herbs

.....

Our traditional cuisine is

It is said that our traditional cuisine is

What I like/do not like about our traditional cuisine is

I think our traditional cuisine is

Traditional meals

What are the typical/traditional Czech meals? For what occasions they are usually prepared? What is special about them?



Traditional meals





Eating habits

- How many meals a day do the Czechs have?
- Which meal is the main meal of the day?
- What do people usually have for breakfast/lunch/dinner?
- Do people eat out often?
- Have eating habits of Czech people changed in any way?

Eating habits

- Czech people have from three to five meals a day. The main meal is lunch, which is often something warm / some meat with vegetables or rice or pasta
- Some people have only breakfast, lunch, and dinner, some people have also snacks between main meals. As snacks people usually have some fruit or vegetables, yoghurt or something sweet.

Eating habits

- Breakfasts and dinners are often cold – a slice of bread or a roll with ham or cheese. For breakfasts cereals with milk or yoghurt are also popular.
- Eating habits of Czech people have changed – they eat less fatty meat, they have started eating more vegetables, chicken meat and fish. Italian and French food have become popular as well.

Eating out

Where can we eat out? What are typical features and main differences?

A restaurant
restaurant

a café

a pub

fast food

Wide variety of meals, soups, deserts

Soft and alcoholic drinks

Simple cold meals, snacks

Cakes, sweets

Coffee, soft and alcoholic drinks

Burgers, hot dogs, salad,

Christmas

The traditional Christmas dinner consists of People also prepare



Zdroje

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